

Inside Active Homes

Active Surrey is committed to helping all children keep active at home, by providing weekly resources for schools to send directly to parents.

Follow us on social media for more ideas to keep active and share your experiences with us.

Social Media

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Virtual Surrey School Games

Congratulations to Frimley Junior School and St Bede's Secondary School for winning the Primary and Secondary challenges for Week 1 - Warrior Fitness Training.

Week 3 Activity is [The Scavenger](#), which focuses on agility.

Years 1-11 have **10 days** to complete the Activity. Encourage them to try a variety of the activity levels or to try for a new personal best within one level.

Ensure you [submit](#) the 3 best attempts to us by **28 June**.

We also had our first **Level Up** winner this week. Congratulations to Freddie from St Martins C of E Primary School, Dorking, who got his friend involved in the activity, changing the game using the People element of the STEPS principle. Well done Freddie!

You could be our next winner of a £20 Amazon voucher for Strike a Pose. Get involved by sharing your adapted activity (with a photo or video) on social media. Tag us on [Instagram](#), [Facebook](#) and [Twitter](#).

Use the hashtag #VirtualSSG2020.

For full information, please visit our [website](#).

Best of luck!

P.S. You have until Sunday to submit your results for [Strike a Pose](#).

