



Westfield Primary School

Anti- Bullying Advice Booklet
for all children

School Council
January 2018

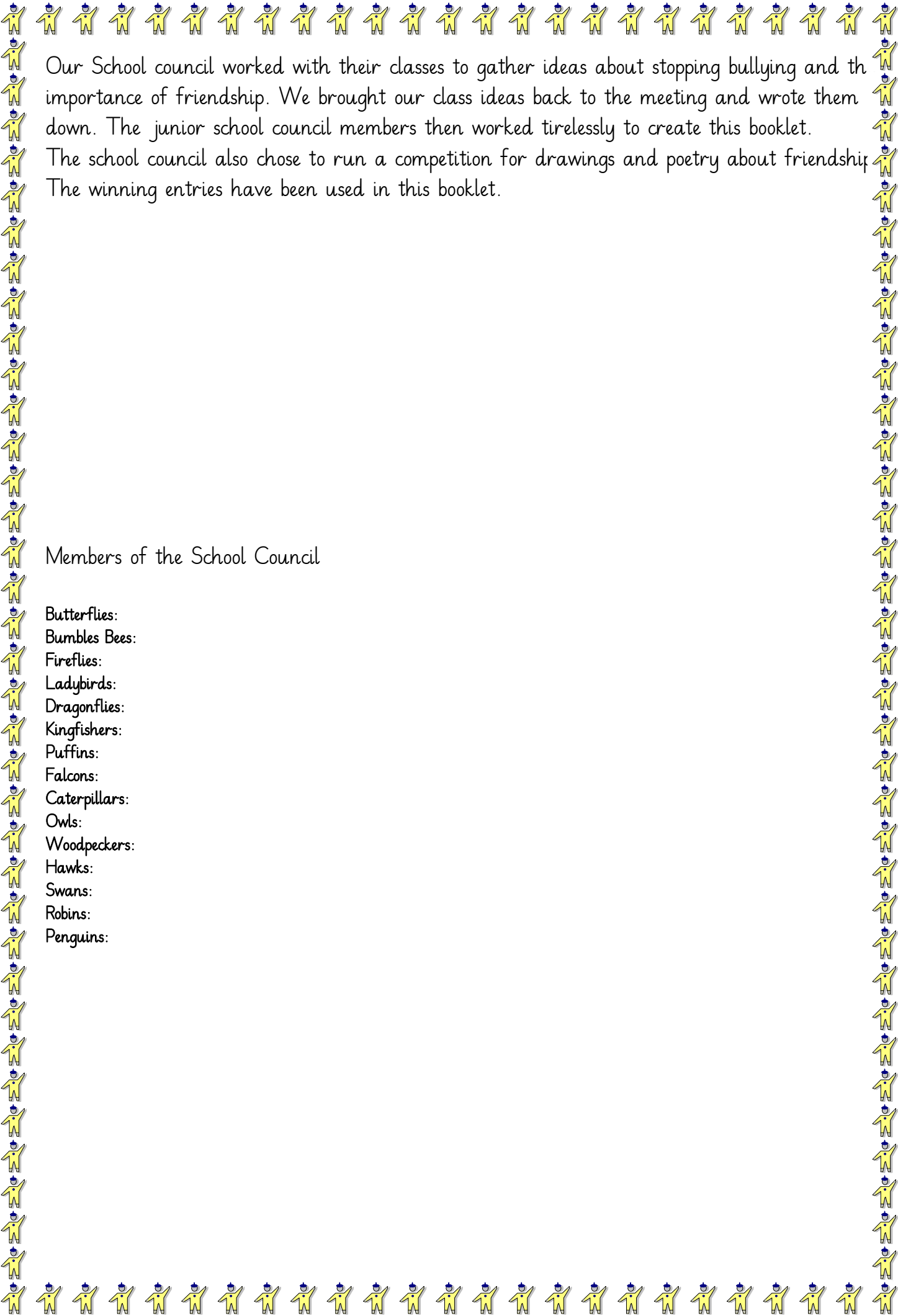
"Love of Learning Love of Life." -

Westfield Primary's PRIDE

Positivity
Respect
Independence
Diversity
Excellence



Bullying advice written by children for children



Our School council worked with their classes to gather ideas about stopping bullying and the importance of friendship. We brought our class ideas back to the meeting and wrote them down. The junior school council members then worked tirelessly to create this booklet. The school council also chose to run a competition for drawings and poetry about friendship. The winning entries have been used in this booklet.

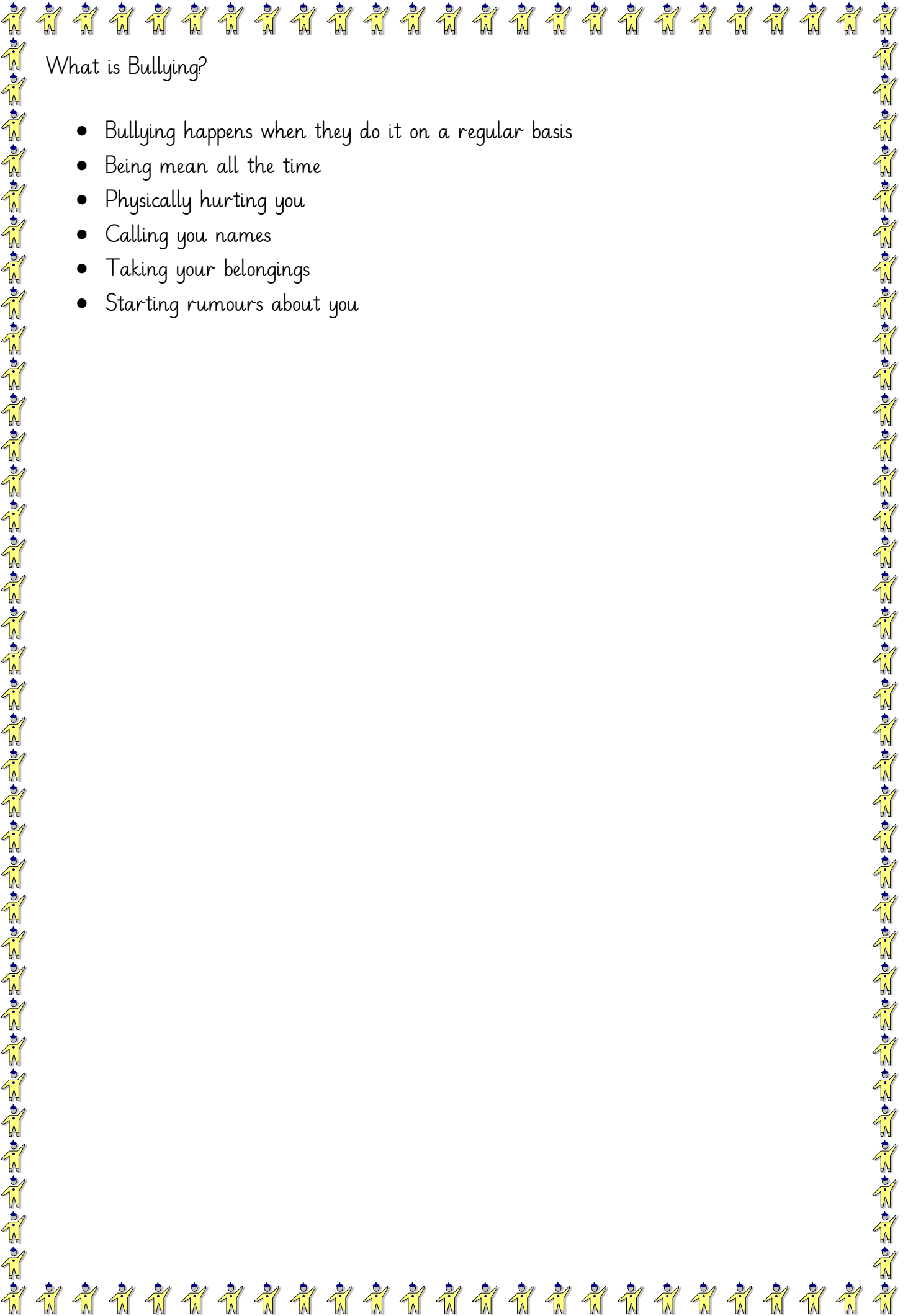
Members of the School Council

- Butterflies:
- Bumbles Bees:
- Fireflies:
- Ladybirds:
- Dragonflies:
- Kingfishers:
- Puffins:
- Falcons:
- Caterpillars:
- Owls:
- Woodpeckers:
- Hawks:
- Swans:
- Robins:
- Penguins:



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What is Bullying?

- Bullying happens when they do it on a regular basis
- Being mean all the time
- Physically hurting you
- Calling you names
- Taking your belongings
- Starting rumours about you



The importance of being aware of bullying

It is important to be aware of what bullying is and what you can do to stop it as one day it could happen to you.

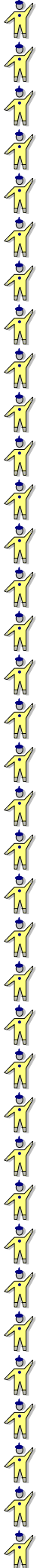
Our school policy

Aims

- Creating a welcoming, caring environment where relationships are based on respect for others
- Promoting, amongst pupils, self-discipline and appropriate regard for authority
- Encouraging good behaviour
- Preventing all forms of bullying amongst our pupils
- Developing respect for school and personal property
- Ensuring that the standards of behaviour of pupils is acceptable
- Ensuring that pupils complete any tasks reasonably set for them in connection with their education.
- Developing good relationships throughout the school, both between adults and pupils and between pupils and their peers.

What will happen?

- *The school staff will listen to all children and help to put a stop to bullying in our school*
- *There will be consequences for all children involved in bullying acts*
- *Parents will be advised*
- *Remember, always treat others the way you want to be treated*



How to be a good friend How to look after your friends

Do treat people with respect.

Do be nice and polite.

Do play nicely.

Do share things.

Do be kind and helpful.

Do smile at people.

Do play together.

Do let them join in with your game.

Do be sensible with them.

Do share work.





Advice for victims

Do make the right choice.

Do be strong.

Do not fight back.

Do walk away.

Do write a diary.

Do ignore them.

Do stay away from the bully.

Do look in their eyes.

Do stand up straight and look strong.

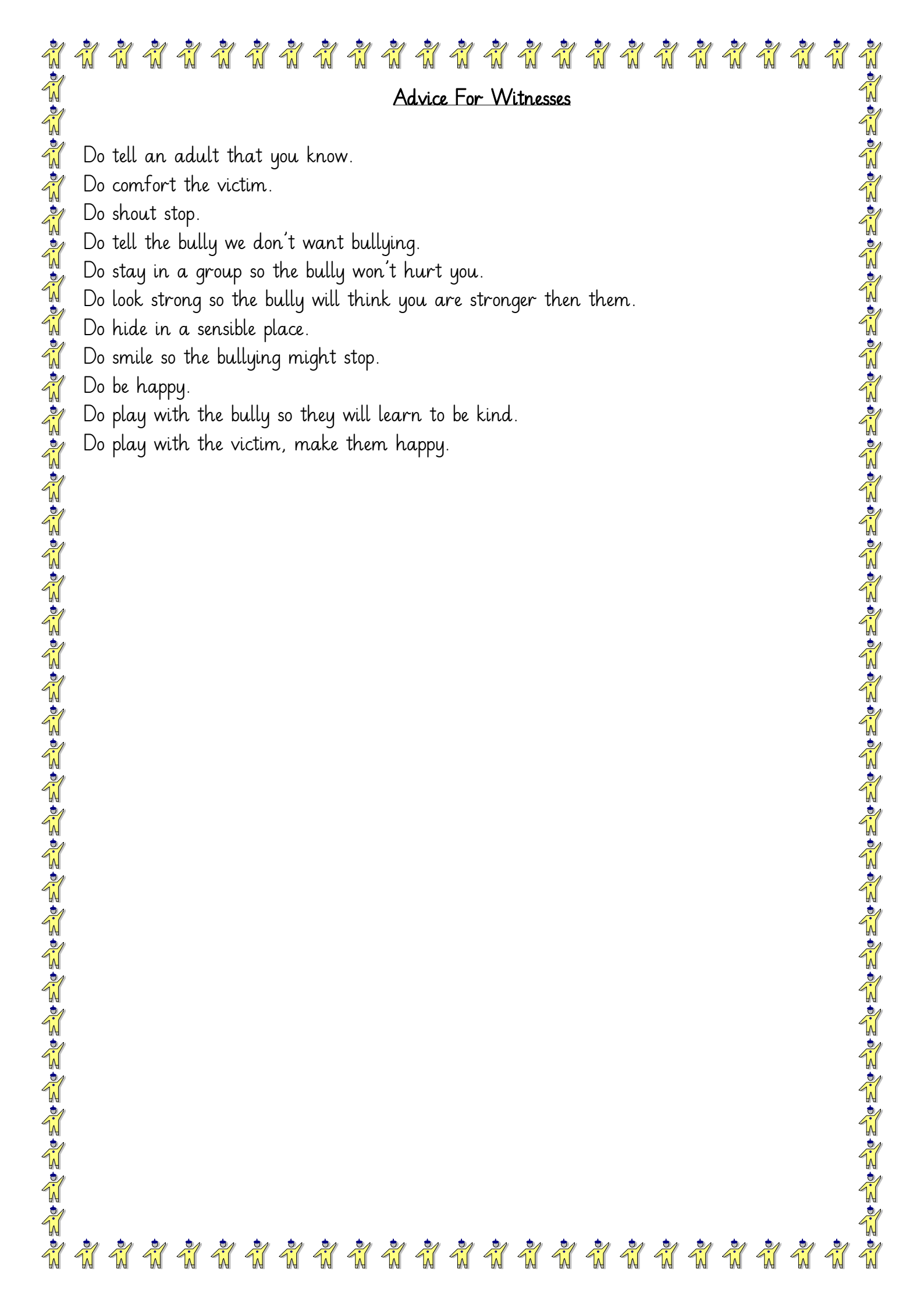
Do Hide.

Say "Stop".



ADVICE FOR BULLIES!!!!

- Do stay calm.
- Try not to tell them mean or horrible things.
- Understand the consequences.
- It makes you look weak.
- Try not to take it out on somebody else.
- Be kind to the bully to stop them thinking about bullying.
- Talk to an adult if something is bothering you.



Advice For Witnesses

Do tell an adult that you know.

Do comfort the victim.

Do shout stop.

Do tell the bully we don't want bullying.

Do stay in a group so the bully won't hurt you.

Do look strong so the bully will think you are stronger than them.

Do hide in a sensible place.

Do smile so the bullying might stop.

Do be happy.

Do play with the bully so they will learn to be kind.

Do play with the victim, make them happy.



How to stop bullying!!!

- DO something.
- DO take the person to another group = your group!
- DO tell the teachers and adults.
- DO tell the bully to stop.
- DO ignore the bully! = keep away from the bully!!!
- DO take the person that's being bullied and play with them.
- DO support them by being kind!
- DO tell the bullies mum at home time!
- DO ask the teachers to stop the bully!
- DO walk away.
- DO stay in a group because bullies pick on people with no friends!!!

Cyber Bullying

Cyber bullying is when someone bullies you through the computer.

- Help for victims of Cyber Bullying
- Don't meet anybody you don't know in real life
- Don't respond to messages from anyone you don't know
- Don't believe everything you read
- Tell an adult you trust
- Delete the mean messages
- Tell them to stop
- Ignore them
- Report the bullying by blowing the whistle (VLE) or talking to your teacher
- Shut down the computer after you've told an adult