

## Using Restorative Approaches at Home to Address Conflicts



When a child is faced with conflict or upset, at Westfield Primary School, we support children to manage this through Restorative Approaches.

Restorative Approaches are underpinned by 5 R's

- **RELATIONSHIPS** - building and developing positive relationships
- **RESPECT** - listening to other opinions and learning to value them
- **RESPONSIBILITY** - taking responsibility for your own actions
- **REPAIR** - agreeing how to repair harm
- **RE-INTEGRATION** - working through a process that solves the problem



When a conflict happens, we meet with the children involved, usually separately, and discuss what happened using the questions below. This gives every child the opportunity to talk about the incident and reflect upon what happened. It also supports them to repair and move on.

What happened?

What were you thinking at the time?

What were you feeling at the time?

Who has been affected by this?

What do you need now to move on?

What needs to happen now, so that the harm can be repaired?

Using the same framework and questions at home will support your child in their current and future relationships, developing strong resolution skills.