



Nurture a Reader



As parents, one of the most powerful things you can do for your child's development is reading with them daily. Regular reading has a profound impact on their literacy, cognitive abilities, and emotional growth.

Why Reading Matters

Children who are read to daily have a strong advantage when it comes to reading comprehension and overall academic performance.

Daily reading exposes children to a wider range of vocabulary.

Reading together helps build cognitive skills, such as focus and problem-solving.

60% of children in a Book Trust study who are read to every day perform better academically.

The National Literacy Trust reports that children who read daily are twice as likely to develop strong reading comprehension skills.

Tips for daily reading

Set a routine: Read 10 minutes (KS1) or 20 minutes (KS2) daily after dinner or before bedtime

Encourage re-reading to develop fluency

Celebrate effort with positivity and praise

Let them show you their enjoyment of reading

Ask supportive questions (e.g., 'What are you proud of?')

Talk about their favourite part

Sign your child's reading record daily

Share a love of reading

You don't always have to read books from school.

Read books your child is interested in.

Read comics, recipes, newspapers or magazines

Encourage adults around them to read to them to share the joy of reading

