

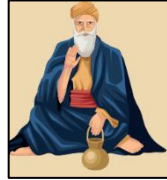
Sikhs worship **One Eternal God, Waheguru (Wondrous Lord)** & follow the teachings of the **Ten Gurus** in the **Guru Granth Sahib**.

**Equality** is very important to Sikhs.

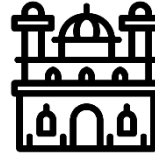


ੴ

**“Ik Onkar”**: “God is One; humanity is one.”  
**Waheguru** created humans to **live equally** in the world.



**Guru Nanak Ji**, first Guru & founder, **rejected inequality** of any sort.



Everyone is welcome in the **Gurdwara**. All are **equal**.



The **langar** serves vegetarian food. so that **anyone can eat it**. Everyone has an **equal seat**.

### Three key pillars of living for a Sikh

**naam japo**

devotion to God in all things

Pray

**kirat karo**

honest living

Work

**vand chako**

share with others

Give

Good deeds through seva – selfless service to the community, care for the world

**Karma**

The **atma** (soul) is reborn following the law of **karma**.  
 Good deeds → good karma → **Mukti**

birth / rebirth

**Samsara**

the cycle of life

death

life

**Mukti**

**Mukti**: **atma** is released from **samsara** and re-united with **Waheguru**.



Sikh identity in life is expressed through the community of the **Khalsa** & the wearing of the **Five Ks**.



**Surrey Agreed Syllabus: Sikhi Concept Map**

with grateful thanks to the Diocese of Canterbury for their collaboration, icons from Microsoft & The Noun Project

