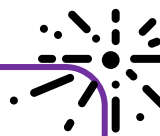




Hanuman

Many different **deities** (gods / goddesses) help Hindus to understand the nature of **Brahman, the Ultimate Reality.**



**BRAHMAN**  
*One Ultimate Reality or life force*  
Every living thing contains a spark of **Brahman** that gives it its life: the **atman** or soul



Lakshmi

Many different **deities** (gods / goddesses) help Hindus to understand the nature of **Brahman, the Ultimate Reality.**



Krishna



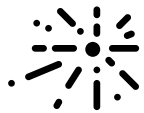
Ganesh

**The Trimurti**  
Three key deities represent the cycle of life, **samsara** (birth, life, death & reincarnation) to help Hindus understand more about **Brahman, the One Ultimate Reality.**

**Brahma: the Creator**  
 associated with the beginning of life

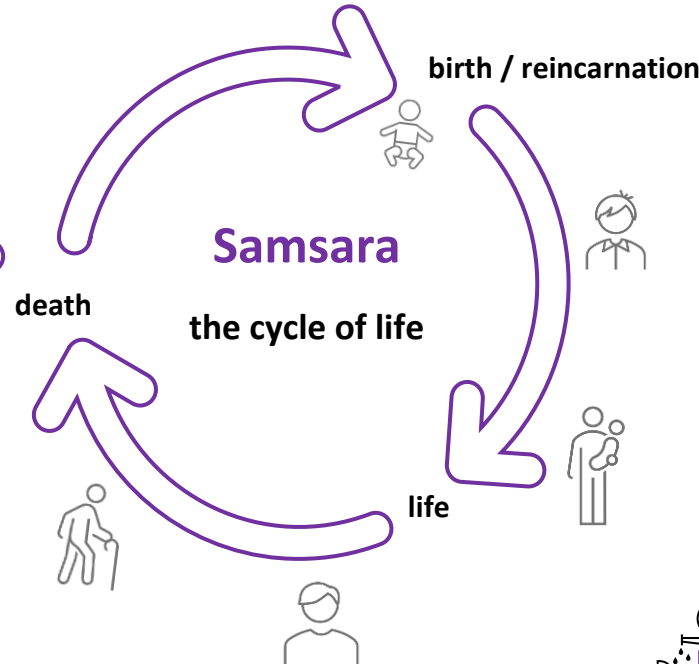
**Vishnu: the Preserver**  
 associated with the living of life

**Shiva: the Destroyer**  
 associated with the ending of life



## Moksha

The ultimate goal of the **atman** (soul) is **moksha**: to be released from the cycle of **samsara** and re-united with Brahman. It can achieve this by doing **dharma** (its duty) in each lifetime.



## Karma

The **atman** is reincarnated following the law of **karma**. How the **atman** has done its **dharma** (duty) in one life impacts on the next.



**Dharma**  
duties

**Moksha**  
release from samsara

**Artha**  
making a good living and achieving success through honest means

**Kama**  
enjoyment of life

4 Hindu goals (**parushathas**) for living a good life