



# Year 6—Learning for Life

## Being my Best



### You have already learnt...

Give an example of when I have had increased independence and how that has also helped me to show responsibility.  
Name several qualities that make people attractive that are nothing to do with how they look, but about how they behave.

### Key Knowledge

Tell me how I can overcome problems and challenges on the way to achieving my goals.  
Give examples of an emotional risk and a physical risk.

### Key Skills

Goal setting  
risk analysis

### Key vocabulary

aspirations	a goal, aim or ambition
dilemma	a situation that requires a choice between two actions, neither of which are good solutions
responsive	breathing and reacting verbally or physically to voice or touch
unresponsive	not breathing and reacting verbally or physically to voice or touch
accurate	free of mistakes or errors



aspiration



dilemma



unresponsive

### Next year you will learn...

You will continue to develop your understanding of being your best in Secondary school