



Year 4—Learning for Life

Growing and changing



You have already learnt...

Know some differences and similarities between males and females

Name male and female body parts using agreed words.

Key Knowledge

Describe the main stages of the human lifecycle

Describe the body changes that happen when a child grows up

Key Skills

Describing the human lifecycle



marriage



Uncomfortable feelings

Key vocabulary	
physical changes	changes that your body makes as you grow
pubic hair	hair that begins to grow during puberty
breast	part of a female body
marriage	union between two people
uncomfortable feelings	feelings that stop you feeling comfortable like sadness, grief, fear

Next year you will learn...

Explain the main physical and emotional changes that happen during puberty

Ask questions about puberty with confidence