



Year 3—Learning for Life

Keeping Me Safe



You have already learnt...

Give some examples of safe and unsafe secrets and I can think of safe people who can help if something feels wrong. Give other examples of touches that are ok or not ok (even if they haven't happened to me) and I can identify a safe person to tell if I felt 'not OK' about something. Explain that they can be helpful or harmful, and say some examples of how they can be used safely.

Key Knowledge

- Say what I could do to make a situation less risky or not risky at all.
- Say why medicines can be helpful or harmful. I can tell you a few things about keeping my personal details safe online.
- Explain why information I see online might not always be true.

Key Skills

- Identifying and managing risks

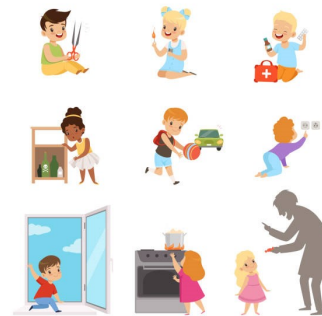


worried

medicine



drugs



danger

Key vocabulary	
danger	something that can cause harm or injury.
risk	a chance that something bad or harmful may happen often with a potential benefit
drugs	a chemical that you put into your body which changes how you feel or act
medicine	something given to you by a doctor to treat a disease
consequence	what happens immediately after a behaviour

Next year you will learn...

- Give examples of people or things that might influence someone to take risks (e.g. friends, peers, media, celebrities), but that people have choices about whether they take risks.
- Say a few of the risks of smoking or drinking alcohol on a person's body and give reasons for why most people choose not to smoke, or drink too much alcohol.
- Give examples of positive and negative influences, including things that could influence me when I am making decisions.